

# Getting Ready Training

INFANT/TODDLER

MODULE 1: Background of the Getting Ready Approach

# MODULE OBJECTIVES

## Module Summary

In this module you will learn about the history of and evidence behind the use of the *Getting Ready* approach to build partnerships between parents and educators in the Early Childhood setting. Since its inception in 2004, the *Getting Ready* approach has been studied in both center-based and home-based early childhood programs. Upon completion of Module One you will have a clear understanding of how the *Getting Ready* approach has been studied and its evidencebased impact on children's learning and development.

## Handouts Needed/Activities

Along with this Study Guide for Module One you will be using the following:

- ► Getting Ready Training Video for Module One
- ► Handout 1-1 *Getting Ready*

## Time Needed: 20 minutes



## **Begin Training Video**

## @ 3:54 PAUSE to See Study Guide

#### **OPPORTUNITIES:**

#### Reflect on and respond to this question:

What skills do you want to strengthen to support your work with families? For example, collaboration skills or support for parent-child interaction?

- 1.
- 2.
- 3.

## @ 4:30 Handout 1-1

As you watch the video, what do you see the provider/educator doing that demonstrates the kind of relationship the educator and the parent have?

## @ 12:40 PAUSE and make notes about the video here:



## go.unl.edu/gettingready



#### **REVIEW**

The *Getting Ready* Approach has been studied for over \_\_\_\_\_ years. The *Getting Ready* Approach has been used in both \_\_\_\_\_-based and \_\_\_\_\_-based Early Childhood programs. Children who participated in the *Getting Ready* studies ranged in age from \_\_\_\_\_ to \_\_\_\_\_ years.

#### The three Getting Ready Project outcomes are:

<b>a.</b>	
b.	
C	

Three areas of development that were significantly improved for children who participated in the group experiencing the Getting Ready intervention are:

d.	
e.	
f.	

#### **REFLECT**

What is one key 'takeaway' for you from Module One?

Have your hopes or expectations for how this training will impact your relationships with parents changed since watching Module One? If so, how?

#### **REVIEW ANSWER KEY:**

- a. Enhance Child Development
- b. Promote constructive Parent-Educator Partnerships
- c. Develop supportive Parent-Child Relationships
- d. social-emotional development
- e. reduced anxiety and withdrawal
- f. greater gains in early reading, writing, language

