

Getting Ready is an evidence-based family engagement approach that promotes positive outcomes for children, families and the parent-educator partnership. Throughout the year we will highlight positive outcomes and participants that benefitted from the Getting Ready Approach within the EDGE newsletter. **Learn more at: gettingready.unl.edu.**

Spotlight: Booster Trainings

During November and December 2024, Getting Ready held family and child goal setting booster trainings for 70 home and center-based educators. The booster trainings focused on 1) using the Getting Ready GUIDE process to facilitate child/family goal setting conversations with families; 2) learning how to set child/family goals that are practical, developmentally appropriate and measurable; and 3) learning how to set and shape child/family goals when working in partnership with families.



Successful Goal Setting Includes:

- ✓ Planning for the goal
- ✓ Setting the goal
- ✓ Documenting the goal
- ✓ Measuring the goal

Percentage Increase in Educator Confidence Pre to Post Training

■ Family Goal Setting ■ Child Goal Setting

Educators gained confidence in all areas of Goal Setting.

