Getting Ready is an evidence-based family engagement approach that promotes positive outcomes for children, families and the parent-educator partnership. Throughout the year we will highlight positive outcomes and participants that benefitted from the Getting Ready Approach within the EDGE newsletter. **Learn more at: gettingready.unl.edu.** 

## **Spotlight: Booster Trainings**

During November and December 2024, Getting Ready held family and child goal setting booster trainings for 70 home and center-based educators. The booster trainings focused on 1) using the Getting Ready GUIDE process to facilitate child/family goal setting conversations with families; 2) learning how to set child/family goals that are practical, developmentally appropriate and measurable; and 3) learning how to set and shape child/family goals when working in partnership with families.



## **Successful Goal Setting Includes:**

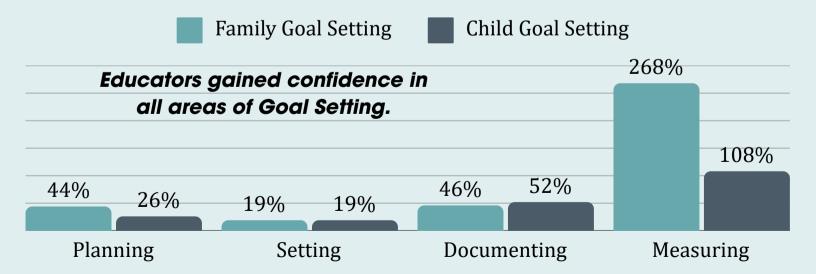
Planning for the goal

Setting the goal

Documenting the goal

Measuring the goal

## Percentage Increase in Educator Confidence Pre to Post Training





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